

# Fiscal Year 2019

## Annual Report



### Board Members

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Laura Wheeler, Chairperson	Katie Chieda	Dorothy Ruffer
David Light, First Chair	Steven Fawcett	Tom Sharpnack
Rob Duncan, Second Chair	Lisa Hivnor	Mike White
Steven Barnes	Julie Landoll	DeEtte Zimmerman
Ben Chaffee, Jr.	Ken Murray	

## Our Mission

Educate and advocate for community members while providing resources for prevention, treatment and recovery supports



## Our Vision

For Huron County to be a community where all individuals are mentally and emotionally healthy and addiction free.

## Our Values

- Good stewardship of public funds;
- Respect for the dignity of persons affected by behavioral healthcare disorders;
- Integrity in decision making that engenders the trust and confidence of the community in its processes and products, its planning and its policies;
- And collaboration with and responsiveness to community partners and stakeholders.



# Year in Review

FY 2019 has been a year of change, collaboration, improvement and growth for the Board's Continuum of Care.

## *New Board Members*

### **Ken Murray, PhD, LPCC-S**



A graduate of Ohio University, Ken currently provides counseling services to children, adults, and families at Fisher-Titus Behavioral Health. Ken is particularly skilled in providing counseling for children and families. Ken has worked as a Family Preservation Therapist, General Outpatient Therapist, Case Management Supervisor, Child/Family Therapist, Social Work Supervisor, and Program Director. He has also done work in clinical supervision, teaching, and psychological testing. He has been working in social services for over 30 years, including 2 years in the United States Peace Corps.

Ken joined the MHAS Board in September 2018. "I wanted to join the MHAS Board because it plays an important role in the delivery of mental health and addiction services in the county. I hope to be able to provide useful input to the Board from the perspective of a mental health practitioner in the field."

BOARD

Tom is a resident of Huron County and currently resides in Norwalk with his wife Karen. He is a well-known business owner operating multiple car dealerships throughout the Willard area. In his business, Tom Sharpnack has built a reputation of Trust, Loyalty, and that of Solution provider. His commitment to Customer Satisfaction has launched his 3 stores into the record books in both Sales and Service.

Tom also has strong community involvement with organizations like the American Red Cross, Mercy Hospital, Fisher Titus Hospital, Collins United Methodist Church, and the Willard Rotary. Tom has a heart and passion to give back and to help those affected by mental health and addiction. Tom joined the MHAS Board in December 2018.

### **Tom Sharpnack**



## Steven Fawcett



A graduate of New London High School, Steven went on to earn a bachelor's degree in Accounting from Bowling Green State University. Steven owns and operates Fawcett Tax and Accounting Services in New London. He resides in New London with his wife and children.

Steven joined the MHAS Board in March 2019.

## Ben Chaffee, Jr.

- Superintendent, South Central Local Schools (2006-2012, 2017-present)
- Executive Adult Director, EHOVE Career Center (2012-2017)
- High School Principal, South Central Local Schools (2001-2006)

Ben has been married 22yrs to Jody and together they have three children - Ben III, Lydia, Bryan. Jody is employed by Firelands Symphony Orchestra--principal piccolo, education outreach coordinator, personnel manager.

Ben enjoys spending time with my family, attending their sporting events. His family also is very active in 4-H, showing dairy goats, dairy steers and miscellaneous projects at the fair; he is a Boar Goat Superintendent at the Huron County Fair.

Ben joined the MHAS Board in April 2019. "I am excited to be a part of the MHAS Board; its purpose and mission are so passionate to me as a school leader. It is my hope to be able to share with my fellow superintendents the many mental health services that are available in Huron County, and that we can provide support to our students and families who may need such."



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## *New Staff*

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### **Kristen Cardone, LPCC-S, LICDC, Executive Director**



Kristen Cardone joined the board in November 2018. Born in Norwalk, and a graduate of Norwalk High School, Kristen earned a bachelor's degree in Business Administration from the Ohio State University and worked in Information Technology for Nationwide Insurance until 2013. Inspired by the struggles of friends and family battling mental health and substance use issues, and recognizing the emerging crisis afflicting her native community, Kristen chose to pursue a new career path that would allow her an opportunity to help. After earning a master's degree in Clinical Mental Health Counseling from Wright State University, Kristen focused on the clinical side of behavioral health, providing mental health and substance use treatment to individuals, families, and groups while also gaining valuable experience in clinical administration and community leadership. Kristen's goals as Executive Director are focused on uniting the community in addressing mental health and substance use issues, improving communication between the Board, service providers and the community, and broadening access to improved services.

### **Ashley Morrow, Administrative Assistant**

Ashley Morrow is a native of Norwalk who joined the Board as a staff member in February 2019. Ashley previously served as a Board member from June 2017-May 2018, prior to leaving to work for a community behavioral health organization. Ashley is a 2003 graduate of Norwalk High School and continued on to further her education, earning her Bachelor's in Business from Ashford University. Her experience includes business management, sales, accounting, marketing, and entrepreneurship. Ashley is dedicated to helping her community and she has a passion for helping people, especially individuals who struggle with mental health and addiction issues.



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## *Program Updates*

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### **ALERT (Area Law Enforcement Recovery Team)**

Huron County Sheriff Todd Corbin and Norwalk Police Chief Mike Conney have worked together with several area individuals and agencies to create a new local program for police assisted recovery called ALERT (Area Law Enforcement Recovery Team). The community-based initiative is supported by law enforcement, hospitals, behavioral health programs, and government programs in providing a safe place to any individual voluntarily seeking assistance for recovery from substance use issues. The core platform of the program is that those seeking assistance are treated with compassion and connected quickly with the recovery resources they need in a supportive environment. Often when an individual decides to seek support the timeline for connecting to support services is critical.

Individuals seeking assistance can go to the Huron County Jail or Norwalk Police Department where law enforcement personnel will immediately initial the process. A contact is then made with a trained volunteer facilitator that is dispatched quickly to the client's side as well as a Certified Peer Supporter who will interact with the client to determine the most appropriate resources to offer and provide. The purpose of the program is to work collaborative with many community resources to help individuals struggling with substance use find the treatment they need and ultimately find recovery. This service is available 24 hours per day, 365 days per year.

The ALERT program also provides peer support services in the Huron County jail, holding weekly peer support groups and one-on-one peer support sessions for individuals who are close to being released and who request these services. The Certified Peer Supporter works with the individual to link them with the resources they identify as needing, including but not limited to housing, transportation, treatment, clothing, and food.

### **Recovery Navigator Services**

The Huron County MHAS Board received funding from the State Opioid Response Grant and is partnering with Firelands Counseling & Recovery Services (FCRS) to provide Recovery Navigator services. These services will be available to individuals with a past or current opioid use disorder (OUD) diagnosis.

Our current system of care requires the client, family or other referral source to self-educate regarding the availability of treatment services. Once a person is referred to treatment, each provider then assumes an individual responsibility to report back to the referral source (with client permission) regarding treatment engagement, tenure, and discharge. Lack of transportation and childcare often presents barriers to treatment. Recovery Navigator Services will benefit the community by offering a single point of contact for persons with Opioid Use Disorders. The Recovery Navigators will be versed in all available treatment services, will educate clients/families/referral sources about their options, and will promote client choice. Additionally, funds will be accessed by the Recovery Navigators to contribute to an individual's sustainability and successful recovery and to address barriers by increasing access to transportation and childcare.

Recovery Navigator Services provided to the target population will include education regarding treatment services including MAT; linkage/referral to treatment based on client choice/needs; and assistance with obtaining recovery supports such as entitlements, transportation, peer services, self-help, childcare, etc.

## **Family Dependency Treatment Program**

The Family Dependency Treatment Program gives Huron County families that are separated by substance abuse the resources they need to work toward reunification. The program started last year. Judge Timothy Cardwell said; “families are the foundation of any community and when those relationships crumble, so does the community”.

The Family Dependency Court program works with parents of children who have been identified as dependent, neglected or abused and removed from their homes as a result of the parents’ substance abuse or mental illness. “The idea is to surround these parents with all of the resources they need to achieve and maintain sobriety and compliance with treatment and then ultimately be reunified as a family,” said probate and juvenile court Judge Timothy Cardwell. During FY2019, 5 individuals successfully completed the Family Dependency Court Program and these successes were celebrated with graduation ceremonies.

## **House of Hope**

On February 11, 2019, House of Hope, located in Willard, became the first Ohio Recovery Housing certified recovery residence in Huron County. House of Hope provides a drug and alcohol-free living environment for men with substance use disorders. Not only do the men at House of Hope have an affordable, healthy and safe place to live, but they are also able to live with peers in recovery and have support in getting connected to treatment, recovery supports and other social services in their community.

House of Hope joins over 80 organizations operating 147 homes serving over 1,400 people across Ohio every day. The reason for pursuing certification with Ohio Recovery Housing, according to Mike Bell, House of Hope Project Manager is that “Certification permits us to operate according to state and nationally recognized recovery housing standards, gives us access to a recovery housing referral network to better support persons in recovery and fosters continuous learning and best practices.” Quality recovery housing leads to positive resident outcomes. Ohio Recovery Housing has been tracking outcomes through a resident survey since 2016. An analysis of the survey reveals that of those living in recovery housing for at least six months over 75% are employed. When moving out, over 80% of residents are moving onto independent living environments. Ninety-nine percent of residents moving out of recovery housing report that they are actively engaged in ongoing recovery activities and/or supports.

During the review process, House of Hope demonstrated that their organization has met quality standards relating to administration and operations, physical recovery environment, connection to community services, as well as peer support and social environment. While certification is not required for House of Hope to operate recovery housing, they saw certification to demonstrate their commitment to quality to their residents, family members, and the greater community. One of the House of Hope Residents stated, “This has changed my life for the better. I’m starting to have hope and faith in myself.” Another resident added, “I’m feeling better about myself since I have come to this house. I am blessed to be here.” A third resident noted that living in the house keeps him accountable for his sobriety.

House of Hope has been in operation since December 2017. Persons who reside at the house are supported in finding employment, expected to attend at least five recovery meetings per week, participate in community service and work to become self-sufficient productive members of the community. Accountability for sobriety is maintained through detailed house rules which include regular drug screens. A Senior Resident lives in and oversees the day to day activities of the house. Residents pay a monthly program fee and provide their own food.

# FY2020 Providers and Programs

**Firelands Counseling and Recovery Services** offers mental health services for all ages and comprehensive programs for substance abuse, psychiatric services, vocational rehabilitation, prevention services, educational programs and crisis intervention including a 24-hour helpline and warmline 800-826-1306. Medication Assisted Treatment is available. Clients may be referred or self-admit. Firelands accepts all payer sources and offers financial assistance. For more details please call 419-663-3737 Norwalk, 419-935-0452 Willard, 419-483-6516 Bellevue

**Services for Aging** offers the Age Exchange Program which connects elementary-aged youth with volunteer seniors. This program is a once-a-week group mentoring program where children gain social, team-building and educational assets. For more details please call 419-668-6245

**Oriana House** offers two comprehensive substance abuse treatment programs in Huron County. Northwest Ohio Behavior & Reporting Services (NO BARS) is a court-ordered treatment program for women and men. Rigel Recovery Services is a substance abuse treatment program open to the public for self-referrals. Medication Assisted Treatment is available. Oriana House accepts all payer sources. For more details please call 567-280-4023

**Family & Children First Council of Huron County** offers youth and family service coordination, wraparound coordination, along with respite services. For more details please call 419-668-8126

**Miriam House** offers housing that offers safe and stable housing to women and their children. Staff help residents identify issues that have contributed to their homelessness and promote recovery. Talk to your counselor or peer supporter for referrals. Located in Norwalk. For more details please call 419-668-3073

**House of Hope** offers safe and stable housing to men. Staff help residents identify issues that have contributed to their homelessness and promote recovery. Located in Willard. For more details please call 419-933-4100

**Family Life Counseling & Psychiatric Services (FLC)** offers comprehensive mental health and addiction outpatient services for adults and youth, including: assessments, counseling, and case management services. School-based prevention services are also offered. Clients may be referred or self-admit. FLC accepts all payer sources. For more details please call 567-560-3584 Norwalk, 567-560-3586 Willard, 567-560-3587 Bellevue

**Bayshore Counseling Services** offers Early Childhood Mental Health Consultation for all schools and preschools in Huron County. For more details please call 419-577-5373

**Catholic Charities of Norwalk** offers guardianship services for severely mentally ill adults. For more details please call 419-668-3073 x 8211 or 419-706-1334

**Huron County Probate Court** provides collaborative evaluation and integrated treatment intervention services for substance abusing parents who have lost, or are at risk of losing custody, of their children to abuse, neglect, or dependency. For more information please call 419-668-4383

**ALERT (Area Law Enforcement Recovery Team)** is a partnership between the MHAS Board, Norwalk Police, and the Huron County Sheriff, providing immediate help for individuals seeking assistance for addiction. Individuals can go to the jail or the Norwalk police department and ask for help, at which time they will be linked with a volunteer and a peer supporter who will assist them in connecting with treatment. For more information please call 419-668-9858



# FY2020 Providers and Programs

**Reach Our Youth (ROY)** is a one-to-one mentoring program that matches volunteer mentors with at-risk youth between the ages of 6 and 18. For more information please call 419-663-2525

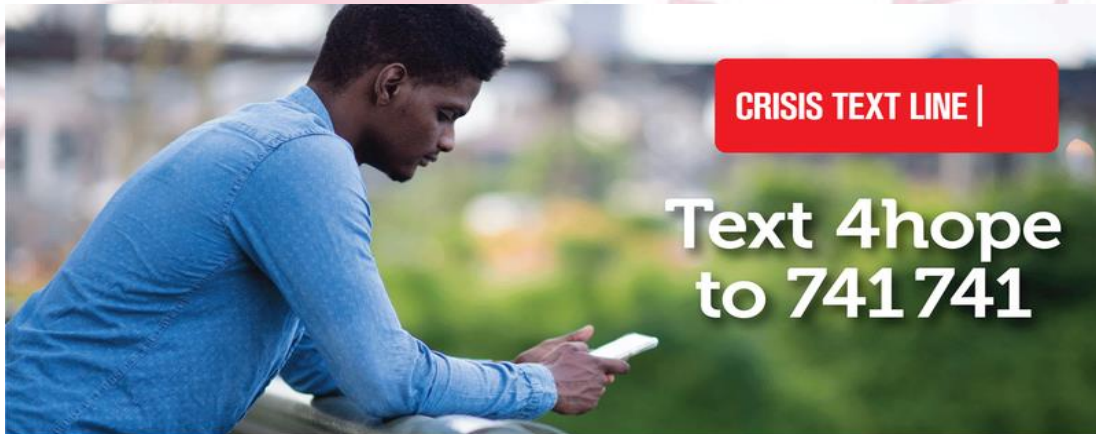
**Drug Free Clubs of America** is a substance use prevention program and is currently operating in Norwalk City Schools, Norwalk Catholic Schools, Western Reserve, EHOVE, and Monroeville. For more information please call 419-668-9858

**Quick Response Team (QRT)** is a collaboration between the Huron County Sheriff's Department, Norwalk Police Department, Willard Police Department, Firelands Counseling and Recovery Services, Family Life Counseling, Certified Peer Supporters, and the Huron County Board of Mental Health and Addiction Services. A team of professionals visits the home of individuals who have recently overdosed, providing support and resources. For more information please call 419-668-9858

## Crisis Services:

**CRISIS/SUICIDE HOTLINE: 800-826-1306**

Staffed 24 hours-a-day, 7 days-a-week by Firelands Counseling and Recovery Services



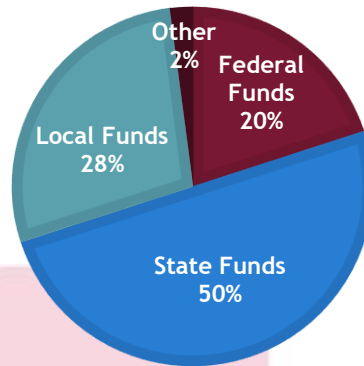
**You are not alone**

# SFY2019 Revenue and Expense Report

## Revenues

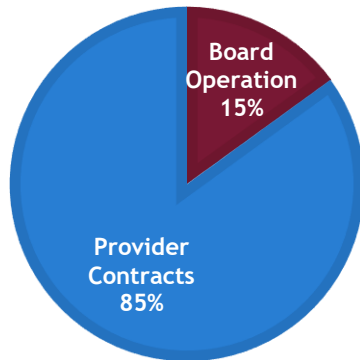
Federal Funds	\$404,534	20%
State Funds	\$992,251	50%
Local Funds	\$554,848	28%
Other	\$40,247	2%
<b>Total Revenue</b>	<b>\$1,991,880</b>	

■ Federal Funds ■ State Funds ■ Local Funds ■ Other



## Expenses

■ Board Operation ■ Provider Contracts



Board Operation	\$245,443	15%
Provider Contracts	\$1,356,075	85%
<b>Total Expenses</b>	<b>\$1,601,518</b>	

# Contact Us

## Board Staff

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## Contact Information

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