

Program Committee Meeting

Meeting date: Monday, June 7, 2021

Meeting time: 5:03pm – 5:56pm

Meeting location:

<https://us02web.zoom.us/j/82948804666>

Meeting ID: 829 4880 4666, Passcode: 704258

Dial by phone: (929) 205 6099, Meeting ID: 829 4880 4666, Passcode: 704258

Recorder: Ashley Morrow

Committee Members Present:

X	Katie Chieda, Board Chair	X	Lenora Minor
	Julie Landoll, Second Vice Chair-Absent		Mike White-Excused
X	Silvia Hernandez	X	Amber Boldman
	Laura M. Wheeler - excused		

Board Staff Present:

X	Kristen Cardone, Executive Director	X	Ashley Morrow, Administrative Assistant
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Unfinished business/updates:

- Recovery House Update
 - Ms. Cardone shared that the inspection for the recovery house is scheduled for 6/9/21. Ms. Cardone, Ms. Katie Chieda, and a representative from the state will all be present. Ms. Cardone stated the application and contract have already been submitted to the state, and the next steps include submitting the site survey, inspection report, and appraisals.
 - Ms. Cardone reminded committee members that RFP's (Request For Proposals) for the operation of the recovery house are due by the end of June. A decision on the operator of the project will need to take place in July. Ms. Cardone would like to schedule a presentation meeting with potential candidates for the first week of July to gather any additional information and allow for further discussion about proposals before making a decision in the July Board meeting.
 - The Committee was in support of a presentation meeting and Ms. Cardone will discuss the potential meeting with the Finance Committee and if supported a motion will be added to the agenda.

- Board Seats/Positions
 - Ms. Cardone shared that Mr. Mitch Cawrse will be joining the Board and his first meeting will be the upcoming June Board meeting. Mr. Cawrse currently works for the Huron County Sheriff's Office and is a School Resource Officer for New London Schools.
 - Ms. Cardone shared that a motion will be added to the agenda for the individual who has been nominated for the First Chair position after the Nominating Committee makes their recommendation to the full Board.
 - Ms. Cardone shared that there will also be a motion for the committee chair positions and that Mr. Ben Chaffee, Jr. has agreed to be committee chair for the Finance Committee.
 - Ms. Cardone informed committee members that four Board members terms are set to expire at the end of June. Dr. Mike White and Mr. Tom Sharpnack have chosen to continue serving on the Board, Mr. Steve Barnes has respectfully decided not to renew his term, and Mr. Rob Duncan is unknown at this time.
 - Ms. Cardone shared that since Mr. Barnes decided not to renew his term, the Board will have another vacant seat to fill. After discussion, the committee agreed a resident of Bellevue is needed on the Board. Ms. Cardone will reach out to contacts in the area and see if she can find some recommendations.
- Virtual Public Meetings
 - Ms. Cardone informed committee members that the technology for the Board's Board Room has been purchased.
 - In addition, Ms. Cardone shared that as of 7/1/21 virtual meetings will no longer be an option and all public meetings must be held in person.
- ORC proposed language update
 - Ms. Cardone updated committee members on the bill proposed to change the language in the ORC (Ohio Revised Code) for local Boards. Ms. Cardone shared that the language of the bill has been changed to only apply to counties with 70,000 – 80,000 residents as noted in the 2010 Census. Ms. Cardone stated the language may continue to be updated prior to voting by the Senate and she will continue to keep the Board informed of these changes.
- FY22 Board meeting presentations
 - Ms. Cardone informed committee members that she recently reached out to all contracted agencies to schedule monthly presentations at Board meetings. Starting in July, providers will come in monthly and present to Board members giving updates on the services they are providing.

Discussion Items:

- Mobile Response and Stabilization Services (MRSS) Funding Opportunity (motion)
 - Ms. Cardone shared that the state recently released an RFP for MRSS funds, and she currently is working on completing the application which is due 6/14/21. The maximum funding request is \$250,000.00.
 - Ms. Cardone shared that the county currently has MRSS in place through Family Life Counseling, however, to meet the requirements of OhioRISE, the county will need to expand its current capacity and services to meet the increased needs of the community. Ms. Cardone shared that referrals currently only come through The Huron County Department of Job and Family Services and this funding would allow for the expansion of the program to include referrals from numerous sources. The goal is to have the team expanded and ready to offer services by Jan 1, 2022.

- The committee agreed on a motion to authorize Ms. Cardone to apply for no more than \$250,000.00.
 - Ms. Cardone will update the full Board on the total funding requested in the June 15th Board meeting.
- OhioRISE & Prevention Discussion (Attachment I)
 - Ms. Cardone updated committee members on the status of OhioRISE and prevention initiatives in the county. Ms. Cardone shared that OhioRISE (Resilience through Integrated Systems and Excellence), a specialized managed care program for youth with complex behavioral health and multi-system needs, intends to establish Family and Children First Councils (FCFC) throughout the state to be the hub for wraparound and service coordination. The Huron County FCFC currently oversees and operates the Huron County Prevention Coalition as well, so recently, MHAS staff met with the Huron County FCFC staff to discuss the current demands and requirements between FCFC and the Huron County Prevention Coalition. Ms. Cardone shared that FCFC is at capacity and needs assistance for prevention services. The discussion centered around ways to prioritize prevention without taking away from serving the families in need. As a result of the discussion, it was determined that the best solution would be to hire another person solely to oversee and manage prevention. Funding was reviewed and it was determined that the funding for FCFC, from the amount already allocated in their FY22 contract, can be used for wages and salaries but will utilize the majority of the allocated funding, not allowing for programs or services. Ms. Cardone proposed potentially approving additional funding so that FCFC can hire another person and still be able to utilize funding from MHAS for programs and services. The potential additional funding suggested was \$20,000.00.
 - A motion will be added to the agenda to discuss the approval of additional funding for FCFC.
 - To give a better idea of the importance of supporting the efforts of the Prevention Coalition, Ms. Cardone reviewed the Prevention Coalitions Logic Model which outlines the programs supported and recommended by the state that will be implemented in the schools starting September 2021. First, Ms. Cardone stated that before moving forward with creating the plan for implementing needed prevention, she had reached out to all schools to identify what prevention programs are operating. Ms. Cardone also reminded committee members that this coalition and logic model are requirements of the SPF (Strategic Prevention Framework) grant the Board currently has in collaboration with The Mental Health and Recovery Services Board of Seneca, Sandusky, and Wyandot Counties.
 - Ms. Cardone shared that the goal is to implement the programs from the logic model into all schools who are willing to participate. The Developmental Assets will be the first program to be implemented, trainings are scheduled to take place this summer, and a curriculum will be created and distributed for school staff by August 2021. The implementation of the Developmental Assets will begin in schools and youth serving agencies and will continue to expand throughout the community over time. The Developmental Assets is a program that focuses more on getting to the “root of the issue” by building resiliency, increasing protective factors, reducing risk factors, as well as addressing mental health and substance use. Additional programs that will be implemented are Start Talking, Be Present, Stomp Out Bullying, Handle with Care, school-based support groups, LGBTQ+ support groups, additional programs such as QPR (Question, Persuade, Refer), drug and alcohol facts week, prevention week, etc. A copy of the Prevention Coalition Logic Model and an overview of the programs can be found in the Attachment I.
 - Going along with the topic of prevention services, Ms. Cardone reminded committee members that the Drug Free Clubs of America (DFCA) proposal was currently still on the table and needed to be discussed and decided on this month. Ms. Cardone shared she reached out to Norwalk Catholic and Norwalk City Schools as requested to determine what prevention programs are currently operating in these school. Norwalk Catholic did not respond, and Norwalk City is currently operating ROX, a prevention program for middle school females, and plans to implement the Leader In Me. Ms. Morrow informed committee members that a representative from EHOVE School called the Board office inquiring about the status of potential funding for DFCA. They shared that they do not operate the DFCA program, however, they previously would receive a set amount of funding (an estimated \$11,000.00) from the DFCA funding allocated to Norwalk Economic Development Corporation to help cover the costs of drug testing for their own drug

prevention program called “Drug Free Leaders”. The Drug Free Leaders program is a school-based prevention program that conducts drug testing, incentives, influential speakers throughout the year, and mentoring. The goal is to not just keep kids drug free but to assist youth in becoming successful leaders. The program is operated by the Drug Free Leaders Board which consists of a variety of community members from businesses, persons in recovery, local hospital personnel, etc. The Board works together to implement the incentives, host the kick-off day, and assists in bringing in the speakers. Ms. Cardone and Ms. Morrow will be attending their next Board meeting to gather information on how the Board and program operates.

- Ms. Cardone stated that the Board Chair of Norwalk Economic Development is willing to come to the Board meeting if committee members have any questions about the proposal. Committee members did not feel a presentation was necessary.
 - There will be two motions added to the Board Meeting Agenda, for DFCA and potential funding for EHOVE to continue to operate the Drug Free Leaders program.
- Open House
 - Ms. Cardone shared that now that restrictions have been lifted, Board staff have discussed resuming hosting an Open House at the Board office this summer. Ms. Cardone shared that a weekend would probably work best, maybe a Saturday for 4-5 hours. The Open House could possibly include self-care opportunities and information, meditation, activities for youth, food, etc.
 - Committee members were in support of the hosting an Open House.
- Fair Schedule
 - Ms. Cardone shared that the Board will be having a booth at the fair again this year. The booth will be split with NAMI Huron and possibly other contracted agencies. Ms. Cardone will create and send out a Sign Up Genius for Board members to sign up to hand out resources and engage with the community.
- Q&A
 - Ms. Silvia Hernandez shared that Willard has a monthly food outreach through Second Harvest. Board staff will gather more information on how to participate to hand out mental health and addiction resources.

Attachment I

Prevention Programs in Huron County

The Huron County Prevention Coalition is currently working on implementing the following programs in each school/community throughout the county:

Developmental Assets

The Search Institute has identified 40 positive supports and strengths that young people need to succeed. Half of the assets focus on the relationships and opportunities they need in their families, schools, and communities (external assets). The remaining assets focus on the social-emotional strengths, values, and commitments that are nurtured within young people (internal assets).

The goal of implementing the Developmental Assets is to provide youth and the community with tools to build healthy lives and relationships and create a successful future. This curriculum promotes positive youth development, advances equity, and strives to build developmental relationships. It is vital to strengthen relationships skills in the lives of our youth because nothing has a greater impact on a child than a positive relationship.

Start Talking Campaign

Start Talking was developed to give parents, guardians, educators, and community leaders the tools to start the conversation with Ohio's youth about the importance of living healthy, drug-free lives. A majority of substance-free adolescents credit their parents for the decision not to use illegal substances. Likewise, teachers and other authority figures can have a similar influence on youth and their decision-making. Start Talking! asks Ohio's schools to support this youth drug prevention initiative and help to build a drug-free future for Ohio's students by utilizing the following resources: Parents360 Rx, Know! and 5 Minutes for Life.

- *Know!*: Teachers are powerful influencers in their students' lives. What is shared in the classroom can positively impact a child's decision not to use alcohol, tobacco, marijuana, or other drugs. TEACHable Moments are specially designed tips for educators, sent out by email twice monthly for FREE, to help get those critical conversations started in the classroom.
- *5 Minutes for Life*: Centers on Ohio State Troopers, Ohio National Guard members and local law enforcement talking for five minutes with student leaders, such as student-athletes, student council members, and band leaders before or after a practice or a meeting, about responsible decision-making, leadership and encouraging those in their peer group to live a drug-free lifestyle. This educational campaign aims to reduce and ultimately eliminate drug use among students.
- *The Parents360*: Action Toolkit is an easy-to-use tool you can use to share information with parents and other concerned citizens about the real dangers of medicine abuse and the actions that can be taken to prevent and respond to it.

Be Present Campaign

Be Present exists to connect teens and young adults to help and hope through mental health resources, information, and peer-to-peer support. Be Present empowers teens and young adults to work through the tough times.

This program helps youth learn how to support friends and peers and what it means to Be Present. This program offers helpful conversation starters as well as healthy coping skills and support tips.

Stomp Out Bullying

STOMP Out Bullying is the leading national nonprofit dedicated to changing the culture for all students. It works to reduce and prevent bullying, cyberbullying and other digital abuse, educates against homophobia, LGBTQIA+ discrimination, racism, and hatred, and deters violence in schools, online and in communities across the country. STOMP Out Bullying promotes civility, diversity, inclusion, equity, and equality. It teaches effective solutions on how to respond to all forms of bullying, as well as educating kids and teens in school and online. It provides help for those in need and at risk of suicide, and raises awareness through peer mentoring programs in schools, public service announcements by noted celebrities, and social media campaigns.

Handle with Care

If a law enforcement officer encounters a child during a call, that child's information is forwarded to the school before the school bell rings the next day. The school implements individual, class and whole school trauma-sensitive curricula so that traumatized children are "Handled With Care". If a child needs more intervention, on-site trauma-focused mental healthcare is available at the school. Model Handle With Care ("HWC") programs promote safe and supportive homes, schools and communities that protect children, and help traumatized children heal and thrive. HWC promotes school-community partnerships aimed at ensuring that children who are exposed to trauma in their home, school or community receive appropriate interventions to help them achieve academically at their highest levels despite whatever traumatic circumstances they may have endured. The ultimate goal of HWC is to help students to succeed in school. Regardless of the source of trauma, the common thread for effective intervention is the school or child care agency. Research now shows that trauma can undermine children's ability to learn, form relationships, and function appropriately in the classroom. HWC programs support children exposed to trauma and violence through improved communication and collaboration between law enforcement, schools/child care agencies and mental health providers, and connects families, schools and communities to mental health services.

School Based Support Groups for Youth

These groups will be identified and implemented through conversations with the schools and participation from the Youth Advocacy group, ARISE.

LGBTQ+ Support Group

The Prevention Coalition LGBTQ+ committee is currently working on creating and implementing a support group.

Additional programs currently implemented that will continue and expand:

- QPR
- Refusal/resistance skills training
 - Drug & Alcohol Facts Week
 - Red Ribbon Week
 - National Prevention Week
- School Based Bullying Prevention (Olweus)

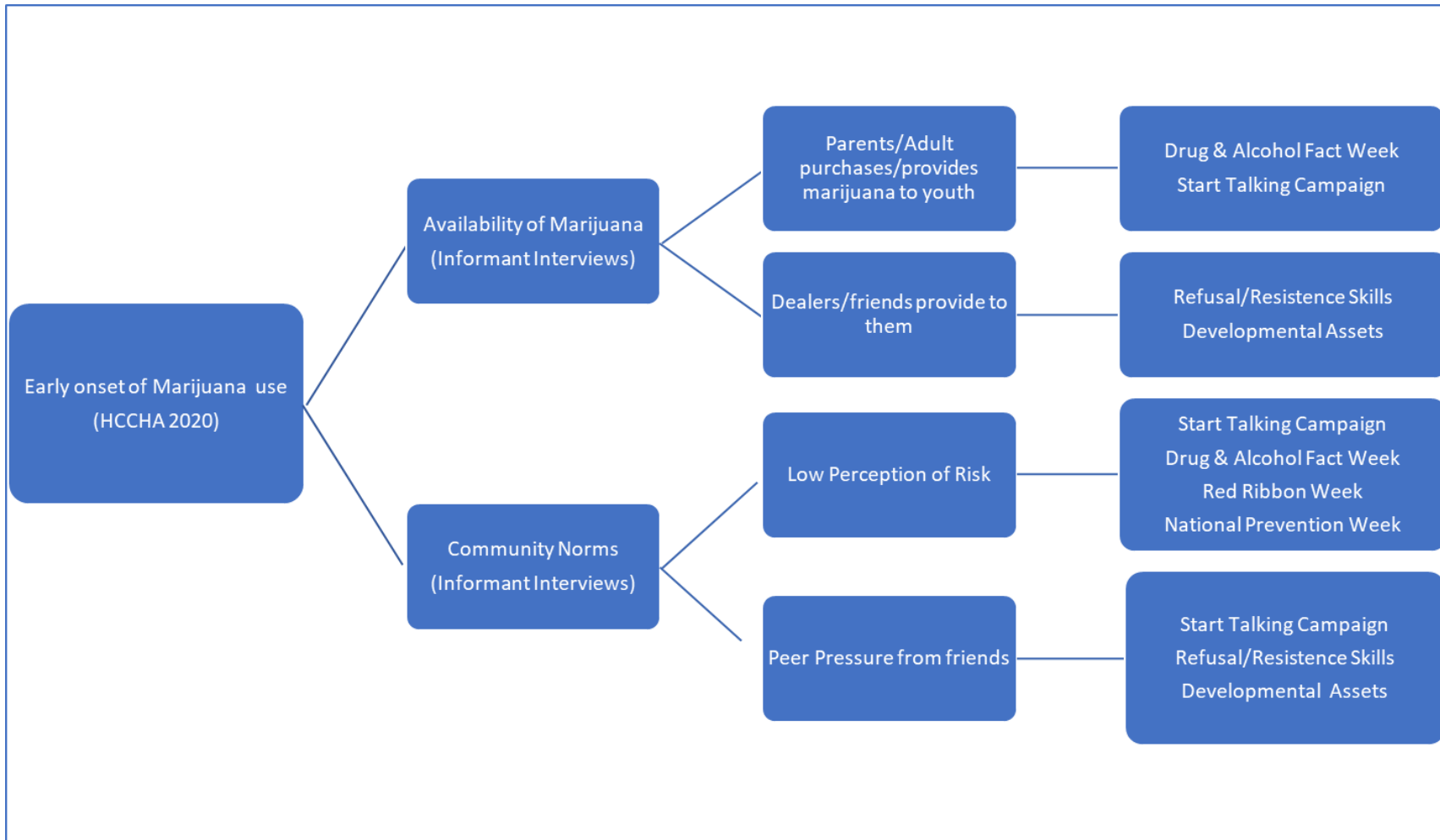
EHOVE Drug Free Leaders

Contact: Matt Ehrhardt (Assistant Director)

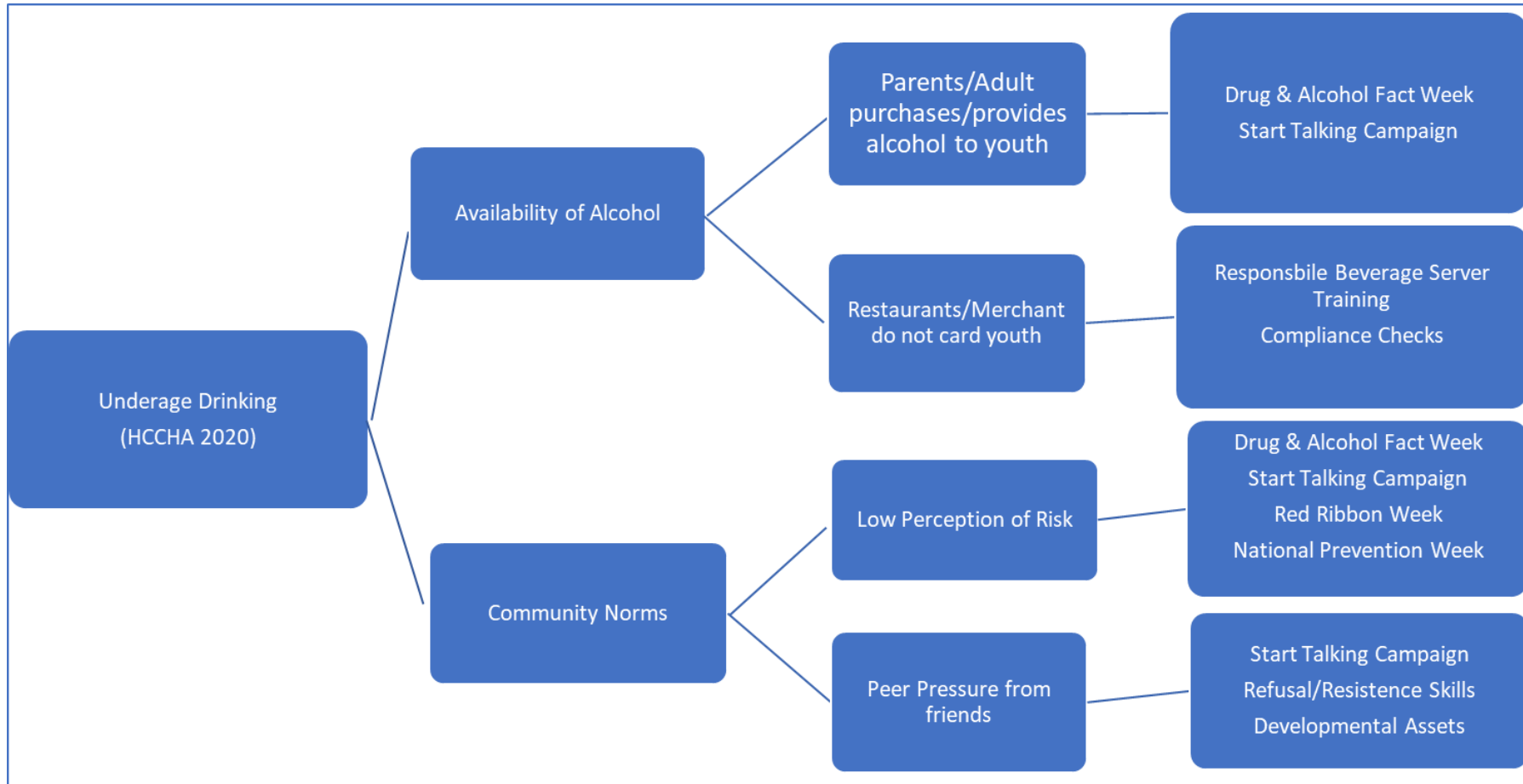
- Estimated 142 kids involved in Drug Free Leaders; majority of students are Huron County youth. This is a school based program, not associated with Drug Free Clubs of America.
- Previously received \$11,000.00 towards the program from MHAS (DFCA contract) which paid for the drug testing for the year (initial and random).
- Their program consists of drug testing, mentorship programming, incentives, speakers throughout the year, a kick-off day, and end of year celebration.
- They have a Board/Committee that oversees this program which consists of various individuals from different sectors such as healthcare, business, and recovery supports. The committee helps implement the different areas of the program by providing speakers and helping fund the activities for example. They are looking to expand the number of committee members from Huron County.

Next meeting is Wednesday June 16th, 2021 at 8am at EHOVE.

EARLY ONSET OF MARIJUANA USE



UNDERAGE DRINKING



**INCREASE IN
ATTEMPTED/COMPLETED
SUICIDE OR SELF HARM**

