### CISM

Critical Incident Stress Management

1-833-779-2476

### **Support Services After a Tragedy**

- Available 24/7
- Free of Charge
- Available to public & private organizations in Huron County
- Services provided are confidential
- Developed to help people recover from a critical incident stress situation









Huron County Hope Line 567-867-HOPE (4673) Hours of operation: 8am - Midnight



Mobile Response and Stabilization Services

567-274-8816 Hours of operation: 8am - 10pm

If you or someone you know is in crisis and needs help, 988 and the Crisis Text Line are available 24/7. If there is an immediate medical emergency, please call 911.



419-681-6268



Behavioral Health Services



## OUTPATIENT TREATMENT SERVICES

Family Life Counseling & Psychiatric Services Norwalk 567-560-3587 Bellevue 567-560-3587

Firelands Counseling & Recovery Services
Norwalk 419-663-3737
Bellevue 419-483-6516

**Rigel Recovery Services**, Norwalk (adults only) 567-424-6412

### **RECOVERY HOUSING**

Men's House of Hope, Willard 567-560-3587

**Women's House of Hope**, Norwalk 567-560-3587

To find other Recovery Homes across Ohio, visit www.ohiorecoveryhousing.org

## You Are Not Alone. We Grow Stronger Together.

Text 4H0PE to 741741

# DETOX/INPATIENT TREATMENT SERVICES

Arrowhead Behavioral Health, Maumee 419-891-9333

**Blanchard Valley**, Findlay 567-429-7837

**Erie County Community Center**, Sandusky 419-624-3353

**St. Ritas**, Lima 855-438-5681

#### **RECOVERY SUPPORT SERVICES**

**Let's Get Real**, Norwalk (peer support) 567-743-7130

Miriam House, Norwalk (transitional housing) 419-663-6341

NAMI Northwest, Fremont (mental health) 419-334-8021

### **YOUTH SERVICES**

Huron County Family & Children First Council 419-668-8126 ext. 3336

PROSPER Prevention Coalition 419-681-6268

OhioGuidestone 440-260-6100



For a complete list of behavioral health resources, visit our website: www.hcbmhas.org