

Program Committee Meeting

Meeting date: Monday, October 18, 2021

Meeting time: 5:05pm – 6:20pm

Meeting location: 2 Oak Street, Norwalk

Recorder: Ashley Morrow

Committee Members Present:

X	Katie Chieda, Board Chair		Lenora Minor-Excused
X	Amber Boldman, Committee Chair		Mike White-Excused
X	Julie Landoll	X	Silvia Hernandez
X	Laura M. Wheeler		

Board Staff Present:

X	Kristen Cardone, Executive Director	X	Ashley Morrow, Community Engagement & Resource Manager
X	Veronica Genovesi, Office & Fiscal Manager		

Unfinished business/updates:

- Introductions
 - Ms. Cardone introduced Veronica Genovesi, the new Office & Fiscal Manager.
- Board meeting location
 - Ms. Cardone shared that the Department of Job and Family Services is the location for the Board meeting this month.
- Monthly presentation
 - Ms. Cardone shared a list of presentations for this month’s Board meeting:
 - Huron County Juvenile Court will be our monthly contracted agency presenter.
 - Norwalk St. Paul (Attachment I, potential motion)
 - Funding request: \$18,700.00
 - Ms. Cardone shared that St. Paul is requesting funding for a partnership with Family Life Counseling & Psychiatric Services (FLC) in which FLC will provide behavioral health counseling and prevention services in the school. All but two other school districts in Huron County have FLC offering services in their schools. Public schools have utilized state Wellness funding for these services, however, St. Paul does not receive Wellness funds due to the fact that they are not a public school which is the reason for the funding request.
 - Ms. Cardone shared that the funding request is considered “worse-case scenario” for services that insurance does not cover. St. Paul also currently only has one school counselor and she is very overwhelmed so additional services will be a benefit.
 - Ms. Laura M. Wheeler asked if the Dialectical Behavioral Therapy (DBT) services listed will be full DBT services (group and individual sessions) or DBT skills.

- Ms. Cardone stated she did not have those answers however those questions can be asked at the presentation.
- Recovery House update
 - Ms. Cardone shared that Board Staff and Ms. Boldman recently met with Family Life Counseling to discuss changing the recovery house from a Level 2 to a Level 3 which will increase the supervision of the house. In addition to the change in level of supervision, policies, procedures, and the intake process are all being evaluated as well and good progress is being made.
 - Contractor bids (motion)
 - Ms. Cardone shared that contractor bids are due by 1pm this Friday. The Board is required to accept the lowest and best bid and Ms. Cardone plans to work with Mr. Randal Strickler on how to identify the “best”. Ms. Cardone will make a recommendation to the Board on Tuesday evening and a motion will be added for approval. Ms. Cardone said that ideally, the Board would have time for committees to review all bids, however, every day they wait to select a contractor is another day in which the Board does not have women’s recovery housing in Huron County.
- SAR Audit (email attachment)
 - Ms. Cardone shared the completed SAR Audit that was received from the state. Ms. Cardone shared that the state looked at 10 different areas and all objectives have been satisfied and the Board received 100%.
- Therapy Dog Presentation
 - Ms. Cardone shared that Ms. Sandy Hovest sent an email a couple of weeks ago regarding Riley's Angels, a local organization that serves Huron and Erie County with therapy dogs in schools, nursing homes, law enforcement interviews, hospitals, etc. Ms. Hovest wanted to find out if the Board would be interested in having the organizations come in for a presentation.
 - Ms. Cardone shared that this presentation would not be a funding request but to learn about the organization and the services they offer.
 - Committee members were in support of the presentation.

Discussion Items:

- SOR Funding
 - The Board received our FY22 State Opioid Response Allocation which is a reduction from last year due to the Board receiving approximately \$113,000 of SOR no cost extension funding which was carryover funding from the previous year. Ms. Cardone shared that the funding amounts have been re-worked and based it on utilization of previous funding; recommendations based on utilization and number of clients served is below:
 - FY22 Allocations (motion)
 - \$121,800 Family Life Counseling (Recovery Navigator full time and House of Hope rental assistance)
 - \$60,900 Firelands Counseling & Recovery Services (Recovery Navigator part time)
 - \$50,000 Let’s Get Real (Peer Support Services)
 - \$60,900 Oriana House (Recovery Navigator part time)
 - At least \$14,019.96 to be retained for Board administration (less levy funds utilized)
 - \$37,759.96 unallocated (Recovery Housing)
 - Ms. Cardone shared that as the contract for recovery housing is being developed, this funding can cover cost of women’s rent and can offset levy reserve expense.
- Q&A
 - Ms. Laura M. Wheeler shared the “Together We Rise” program with committee members. Ms. Wheeler shared that the program provides duffle bags for youth in foster care. Ms. Wheeler

asked if this outreach is something the Board would be interested in participating in for Huron County, possibly around December holidays.

- Committee members discussed partnering with Huron County Children Services and creating a community event where items can be donated and duffle bags can be decorated and distributed to youth in the foster care system. Some additional partnerships included United Church of Christ in Monroeville and the United Fund.
- Ms. Cardone will gather more information and further discussion will be had.
- Ms. Katie Chieda shared her concern regarding social media and the negative impact it is having on mental health. Ms. Chieda asked if this is something the Board can focus on, bringing awareness of the impact of words on others.
 - Board staff identified that this focus aligns with their current Trauma Informed Communities initiative and will add it to the workplan.

Attachment I



93 East Main Street
Norwalk, Ohio 44857
419.668.7223

September 28, 2021

Summary of Request to Huron County Board of Mental Health and Addiction Services

Norwalk Catholic is partnering with Family Life Counseling so enhance and expand our social-emotional learning experiences for our students. Family Life Counseling will provide individual counseling for students and work with families to support the student outside of school as needed. In addition to this much needed support, Family Life will also provide evidence-based prevention programming to our students in conjunction with our school counseling department.

Family Life Counseling has provided a proposal outlining the specifics of the program:

“Family Life Counseling will provide 13 hours (2 school days) of services to Norwalk Catholic schools per week for the duration of the school year (36 weeks). These services include, but are not limited to the following:

- Prevention activities in the classroom. Examples may include skills for self-regulation, positive relationships, building resilience, developmental assets
- Small groups. Examples may include ROX, Adventure Based Programming, DBT, substance use refusal.
- ‘Walk-in’ services. Meeting with students on demand for limited short term counseling services. Students with more intense needs will be referred for more longterm clinical services.”

The cost for this support is \$18,700 before any allowable re-imbursements from insurances for services provided to individual students.

Norwalk Catholic is requesting the Huron County Board of Mental Health appropriate an amount not to exceed \$18,700 for the contracted services between Norwalk Catholic and Family Life Counseling for the 2021-2022 School Year.

Thank you,

Martin Linder
President
Norwalk Catholic

CC: Kirsten Cardone Executive Director: Huron County Board of Mental Health and Addition Services
Susan Wilson-Director of School: Based Counseling Services: Family Life Counseling
Emily Riley-Chairperson: Norwalk Catholic Governing Board



Family Life Counseling and psychiatric services

Steven Burggraf, Ph.D., LPCC-S, IMFT • Founder and CEO

Counseling that Makes a Difference

Service proposal – Norwalk Catholic Schools September 21, 2021

Family Life Counseling will provide 13 hours (2 school days) of services to Norwalk Catholic schools per week for the duration of the school year (36 weeks). These services include, but are not limited to the following:

Prevention activities in the classroom. Examples may include skills for self-regulation, positive relationships, building resilience, developmental assets

Small groups. Examples may include ROX, Adventure Based Programming, DBT, substance use refusal.

“Walk-in” services. Meeting with students on demand for limited short term counseling services. Students with more intense needs will be referred for more longterm clinical services.

Service proposal Cost

The cost for two (2) school days of services per week for thirty-six (36) weeks would be Eighteen thousand seven hundred (\$18,700.00) dollars. These services could be billed monthly or Quarterly.

Susan Wilson LISW-S, IMFT-S, Director School Based Services

MANSFIELD (Main Campus) • 151 Marion Ave. • 44903 • 419-774-9969 • fax 419-756-5642 • **MANSFIELD** • 222 Marion Ave. • 44903 • 567-560-3582
BELLEVUE • 3000 Seneca Industrial Pkwy. • 44811 • 567-560-3587 • **DANVILLE** • 304 S. Market St. • 43014 • 740-599-2950
GALION • #6 Public Square • 44833 • 567-560-3583 • **LOUDONVILLE** • 127 N. Water St. • 44842 • 567-560-3151 • **MILLERSBURG** • 10 S. Clay St. • 44654 • 330-275-0573
NORWALK • 87 W. Main St., Ste. A • 567-560-3584 • **SHELBY** • 169 Mansfield Ave. • 44875 • 567-292-9211 • **WILLARD** • 114 Blossom Centre Blvd. • 567-560-3586



Family Life Counseling and Psychiatric Services is a non-profit charitable corporation, 501(c)(3).

Attachment II

Huron County Board of Mental Health and Addiction Services (MHAS) Developmental Assets Initiative Grant

Organization Name:

New London Local Schools

Organization Contact:

Steve Fowler, Director of Student Services

Brad Romano, Superintendent

Date of Proposal:

October 13, 2021

Description of Need:

Behavioral Intervention - Each year there continues to be an increase in the number of students coming to school with a need for behavioral interventions and supports. In a 2019 student conducted by EAB Technology, a leading education consulting firm in Washington D.C., disruptive behavior, on average, accounts for 144 minutes of lost instructional time per week (14.5 school days per year).

Alignment with MHAS Initiative:

While behavioral interventions transcend all of the 40 Developmental Assets, they specifically address the following:

- Other Adult Relationships—Child receives support from adults other than her or his parent(s), with the child sometimes experiencing relationships with a nonparent adult
- Caring School Climate—Child experiences warm, welcoming relationships with teachers, caregivers, and peers at school.
- Parent Involvement in Schooling—Parent(s) talk about the importance of education and are actively involved in the child's school success.
- Community Values Children—Children are welcomed and included throughout community life.
- Safety—Parents and community adults ensure the child's safety while keeping in mind her or his increasing independence.
- School Boundaries—Schools have clear, consistent rules and consequences and use a positive approach to discipline.
- Adult Role Models—Parent(s) and other adults model positive, responsible behavior and encourage the child to follow these examples.

- Positive Peer Influence—Parent(s) monitor the child’s friends and encourage spending time with those who set good examples.
- High Expectations—Parent(s), teachers, and other influential adults encourage the child to do her or his best in all tasks and celebrate their successes.
- Achievement Motivation—Child is encouraged to remain curious and demonstrates an interest in doing well at school.
- Learning Engagement—Child is enthused about learning and enjoys going to school.
- Homework—With appropriate parental support, child completes assigned homework.
- Bonding to School—Child is encouraged to have and feels a sense of belonging at school.
- Reading for Pleasure—Child listens to and/or reads books outside of school daily.
- Caring—Parent(s) help child grow in empathy, understanding, and helping others.
- Equality and Social Justice—Parent(s) encourage child to be concerned about rules and being fair to everyone.
- Integrity—Parent(s) help child develop her or his own sense of right and wrong behavior.
- Honesty—Parent(s) encourage child’s development in recognizing and telling the truth.
- Responsibility—Parent(s) encourage child to accept and take responsibility for her or his actions at school and at home.
- Self-Regulation—Parents encourage child’s growth in regulating her or his own emotions and behaviors and in understanding the importance of healthy habits and choices.
- Planning and Decision Making—Parent(s) help child think through and plan school and play activities.
- Interpersonal Competence—Child seeks to build friendships and is learning about self-control.
- Resistance Skills—Child is learning to recognize risky or dangerous situations and is able to seek help from trusted adults.
- Peaceful Conflict Resolution—Child continues learning to resolve conflicts without hitting, throwing a tantrum, or using hurtful language.
- Personal Power—Child has a growing sense of having influence over some of the things that happen in her or his life.
- Self-Esteem—Child likes herself or himself and feels valued by others.
- Sense of Purpose—Child welcomes new experiences and imagines what he or she might do or be in the future.
- Positive View of Personal Future—Child has a growing curiosity about the world and finding her or his place in it.

Target Audience:

PK-8 grade students

725 students

Proposal:

Using Applied Behavioral Analysis (ABA), teachers will understand how behavior works, how behavior is affected by the environment, and how learning takes place. ABA therapy increases language and communication skills, improves attention, focus, social skills, memory, and academics, and decreases behavioral problems.

ABA therapy involves many techniques for understanding and changing behavior. ABA is flexible and can be adapted to meet the needs of each unique person, can be provided in many different locations, and teaches skills that are useful in everyday life.

Positive reinforcement is one of the main strategies used in ABA. When a behavior is followed by something that is valued (a reward), a person is more likely to repeat the behavior. Over time, this encourages positive behavior change.

Therapists first identify a goal behavior. Each time the person uses the behavior or skill successfully, they get a reward. The reward is meaningful to the individual (can include praise, a small token, watching a short video, access to the playground, etc). Positive rewards encourage the person to continue using the skill. Over time this leads to meaningful behavior changes.

Proactive Behavioral Services has been providing ABA Therapy since 2008. They have been contracted to do occasional consultative work on extreme cases at New London.

Proposal Evaluation Process:

Teacher referrals to the office, discipline data tracking, parent phone calls, and student achievement scores are all evaluation tools that will be used to help understand the impact ABA therapy has on our students.

Estimated Cost:

In Kind Contributions: \$1000

Grant Contribution: \$7000

Person(s) responsible:

All district personnel, PK-8 and district/building administrators.