

HURON COUNTY



BOARD OF MENTAL  
HEALTH & ADDICTION  
SERVICES

**Fiscal Year 2023  
Annual Report**

## Our Vision

For Huron County to be a community where all individuals are mentally and emotionally healthy and free from dependence on harmful substances and/or addictive behaviors.

## Our Mission

Ensure access to mental health and addiction services and resources for prevention, treatment, and recovery supports while educating and advocating for all community members.



## Our Values

- Accountability
- Collaboration
- Empowerment
- Hope
- Integrity
- Respect
- Responsiveness
- Service
- Transparency

## Targeted Outcomes

- Increase public awareness and education related to Board funded services and behavioral health
- Increase prevention services capacity and availability
- Increase funding to address identified needs
- Increase recovery supports
- Increase and improve access to services and supports
- Increase Board member engagement
- Improve Board functionality
- Improve behavioral health workforce attraction and retention

# Board Members

Ben Chaffee, Jr., Board Chair

Julie Landoll, First Chair

Silvia Hernandez, Second Chair

Amber Boldman, Program Committee Chair

Tom Sharpnack, Finance Committee Chair

Carol Anderson

Erin Bohne

Katie Chieda

Sandy Hovest

Nora Knople

Lenora Minor

John Soisson

Laura M. Wheeler

Wendie Parsons-Nuhn

# Year in Review

---

## *New Board Members*

---

### **Wendie Parsons-Nuhn**



Wendie resides in Collins and owns and operates a private practice, A New Lease Counseling & Recovery Services, in Norwalk. She has worked in the behavioral health field for over 20 years, treating and diagnosing mental health and addiction issues.

Wendie chose to serve on the MHAS Board to support the residents in Huron County to build and maintain appropriate services for the prevention and treatment of mental health and addiction issues. As a resident of the county, as well as having worked in the county in various capacities, Wendie has seen and experienced firsthand the impact addiction and mental health have on all facets of life. Her goal is to work toward ensuring that Huron County residents are informed, educated, and have access to resources to make informed decisions/choices to build a healthier self and healthier community.

---

## *Community Initiatives*

---

### **Grant Awards and Grant Participation**

In an effort to bring additional funds and services into the county to fill the various gaps that have been identified, MHAS was awarded five grant funding opportunities in FY 2023. The entirety of this funding was utilized to improve and expand behavioral health services and supports in Huron County.

MHAS was awarded the following funding opportunities in FY 2023, in addition to the Board's annual allocations:

- **SOS 3.0 Innovations:** MHAS received a second round of State Opioid & Stimulant Response (SOS) Innovations funding from the Ohio Department of Mental Health and Addiction Services (OhioMHAS) in the amount of \$432,387.52. The funding assisted in the expansion of technology utilization to manage co-occurring substance use disorder (SUD) and mental health conditions by reducing relapse and overdose, reducing recidivism, improving behavioral health services and supports for individuals who are incarcerated, enhance the safety of individuals in the community experiencing a behavioral health crisis, and improving services within local hospital setting.
- **SOS 3.0:** MHAS received \$388,879.92 in State Opioid & Stimulant Response (SOS) 3.0 and SOR 2.0 No Cost Extension funding from OhioMHAS that was utilized to increase access to peer recovery

support services, reduce transportation barriers, expand recovery housing, implement contingency management to improve likelihood of success for individuals involved in treatment services, increase access to medication assisted treatment, reduce barriers to treatment, and continue Recovery Navigator services.

- **SPF Grant:** MHAS received \$30,000.00 in Strategic Prevention Framework - Partnerships for Success (SPF-PFS) grant funding, in partnership with Sandusky, Seneca, and Wyandot Counties. The purpose of this grant program is to prevent the onset and reduce the progression of substance abuse and its related problems while strengthening prevention capacity and infrastructure at the community level. The program is intended to address underage drinking and marijuana use among persons aged 9 to 20. SPF-PFS is a five-year grant, and Fiscal Year 2023 was the fourth year.
- **COSSAP:** MHAS was awarded \$42,346.11 in Comprehensive Opioid, Stimulant, and Substance Abuse Grant funding to enhance the Huron County Quick Response Team (QRT). Funds were utilized to rent a vehicle for the QRT team, reimburse law enforcement agencies for the time spent on the program, pay treatment providers and peer recovery supporters for the time spent going on runs, the purchase of brochures and other resources to distribute, and time spent overseeing the program.
- **Drug Free Communities (DFC):** MHAS was awarded \$125,000.00 from the Drug Free Communities grant. The DFC program is aimed at mobilizing community leaders to identify and respond to the drug problems unique to their community and change local community environmental conditions tied to substance use. The goals of the program are to establish and strengthen collaboration and reduce substance use among youth. The funds are used to support the PROSPER prevention coalition which has identified marijuana and alcohol as the substances of focus for the grant.
- **ARPA Community Impact:** MHAS was awarded \$60,000.00 in ARPA Community Impact funding which was utilized by the Huron County Family and Children First Council to implement the Strengthening Families program. Strengthening Families is an evidence-based family skills training program for high-risk and general population families in which parents and youth attend weekly classes together, learning parenting skills and youth life and refusal skills.

## Workforce Initiative

MHAS continues its workforce efforts with various outreach attempts to local businesses and organizations to provide resources and presentations on the topics of mental health and substance use. The goal of this outreach is to briefly educate employers on the importance of addressing mental health and substance use in the workplace, provide them with local resources, and open the door to further conversation on how to help employers and employees.

MHAS efforts for this initiative included the following; partnered with Firelands Forward to help coordinate an Employee Wellness Fair that was held at the Huron County Department of Developmental Disabilities, collaborated with local workforce and community service organizations to host a month long wellness event in February 2023 to promote wellness, educate local businesses on wellness, and provide resources on mental health to residents, partnered with Norwalk Economic Development Corporation to create survey for employers to identify their needs related to mental health and substance use, presented on 'Recovery Friendly Workplace' to the WIOA Board, DJFS Workforce collaboration meeting, Norwalk Concrete Industries, and the Huron County Chamber of Commerce Safety Council. In addition, MHAS partnered with Berry's Global in providing a variety of training courses to over 400 of their employees on topics which included Wellness & Resiliency, Mental Health, Substance Use, and Trauma.

The goal of providing training and resources to businesses in the workforce initiative is to establish "Recovery Friendly Workplaces" throughout Huron County. This initiative is a local effort that stems from the state's 'Recovery Ohio' program. Recovery Friendly Workplaces (RFWs) support their communities by recognizing recovery from mental health and substance use challenges as a strength and by being willing to work intentionally with people in recovery. RFWs encourage a healthy and safe environment where employers, employees, and communities can collaborate to create positive change and eliminate barriers for those impacted by mental health and substance use. MHAS plans to continue seeking local businesses who are interested in

providing resources, education, and support to their employees related to mental health and substance use, in addition to working more closely with local economic development and chamber organizations to accomplish the goals outlined in its Recovery Friendly Workplace Strategic Plan.

## After Prom

MHAS contacted all school districts in Huron County, offering them the opportunity to apply for funding to support safe and sober after prom activities. Funding was provided to the following districts: New London Local Schools, Norwalk Catholic Schools, Norwalk City Schools, South Central Local Schools and Willard City Schools.

## HEALing Communities Study

MHAS staff actively participated in the HEALing Communities Study in Huron County. The HEALing Communities Study aims to reduce opioid overdose deaths by 40 percent over 3 years in participating communities. Funding for each county taking part in Ohio will be used to implement evidence-based practices to decrease opioid overdose deaths, plan and launch health communications campaigns aiming to increase naloxone awareness and reduce stigma associated with medications for opioid use disorder, and improve community data sharing and coordination. Specifically, funding was utilized to expand the number of Project Dawn locations in Huron County and the installation of a harm reduction vending machine at Huron County Public Health allowing for increased access to Naloxone, expansion of Medication Assisted Treatment, funding to address housing and transportation barriers to increase treatment retention, and the implementation of safer prescribing/dispensing practices.

Numerous local organizations collaborated in this study. Below is a list of some of the participating organizations; there may be additional organizations that attended meetings that are not included in the list below.

- Animal House Sober Club
- Citizen's Ambulance
- City of Bellevue
- Family Life Counseling
- Firelands Counseling
- Fisher Titus Medical Center
- Huron County Clerk of Courts
- Huron County Commissioners
- Huron County Coroner
- Huron County MHAS
- Huron County Public Health
- Huron County Sheriff's Office
- Let's Get Real
- Mercy Willard
- Nord Center
- North Central EMS
- Norwalk Fire
- Norwalk Police Department
- Oriana House
- The Medicine Shoppe
- Willard Fire
- Willard Police Department



## Trauma Informed Community

MHAS, in collaboration with numerous local departments and organizations in Huron County, are continuing their work in creating a Trauma Informed Community.

The goal of the Trauma Informed Community initiative is to shift the conversation from “what is wrong with a person?” to “what happened to the person?”, creating a more empathetic community where barriers and stigma are reduced, and people can find hope, healing, and recovery. The TIC committee has 28 committed organizations that are working on creating a more trauma informed community. The committee meets monthly to identify ways to increase education and awareness of the negative impact of unaddressed trauma which impacts numerous aspects of our community including mental health and substance use, physical health, workforce, and the economy. In FY23, the committee began creating a Trauma Informed Care website that will provide information on what trauma is, how to become a trauma informed community, how to implement the trauma informed care model into local organizations, access to a variety of trauma trainings, workplace wellness tips, and more. This website will be made public in 2024. TIC committee members also provided more than 12 community training opportunities on trauma informed care to the community.



## Stepping Up

On May 6, 2021, the Huron County Commissioner’s passed a resolution declaring Huron County a Stepping Up county. The Stepping Up Initiative is a national movement to provide counties with the tools they need to develop cross-system, data-driven strategies that can lead to measurable reductions in the number of people with mental illnesses and co-occurring disorders in jails. The initiative provides a structured action plan, and the Huron County Stepping Up Collaborative will track the following four key measures to determine success: reducing the number of people with mental illnesses booked into the county jail, increasing connections to treatment, reducing the length of time spent in jail, and reducing recidivism.

During fiscal year 2023, the Huron County Stepping Up Collaborative expanded available services in the jail to include Adult Wraparound, increased peer support, substance use services, vivitrol, and mental health services. Additionally, the collaborative developed information sharing agreements, defined recidivism, and determined effective data tracking mechanisms.

Huron County Stepping Up Collaborative members include Huron County Board of Commissioners, Family Life Counseling & Psychiatric Services, Firelands Counseling and Recovery Services, Fisher Titus Medical Center, Huron County Board of Mental Health and Addiction Services, Huron County Coroner, Huron County Court of Common Pleas, Huron County Department of Job and Family Services, Huron County Probate and Juvenile Court, Huron County Sheriff’s Office, Let’s Get Real, Inc., Mercy Health Willard Hospital, NAMI Northwest, Norwalk Municipal Court, Ohio State Highway Patrol- Norwalk Patrol Post 39, and Oriana House, Inc.

## **Suicide and Overdose Fatality Review Committee**

The Huron County Suicide and Overdose Fatality Review Committee, overseen by Huron County Public Health, was created to serve as a multidisciplinary team of subject matter experts (including MHAS staff) who meet quarterly to review overdose and suicide-related deaths in Huron County, with the first meeting held on July 27, 2022. The overarching goal of this committee is to reduce the number of overdose and suicide fatalities in Huron County. Specifically, the goals of the committee include:

- Establishing and maintaining a comprehensive database of all drug overdose and suicide deaths that occur in Huron County and review aggregate data, trends, and patterns concerning these deaths
- Identifying commonalities between suicide/overdose deaths occurring in Huron County
- Identifying gaps or opportunities for improvement in local program and service offerings
- Identifying and implementing innovative interventions in order to ultimately decrease the incidence and prevalence of preventable drug overdose and suicide-related deaths in Huron County

## **Quick Response Team (QRT)**

In fiscal year 2023, the Huron County QRT team entered its fourth year of operation. The QRT team provides confidential help for opioid overdose survivors by connecting them to treatment & recovery support services. Overdose reports are submitted by local law enforcement organizations and 911 twice a week. Upon receiving the overdose reports, the QRT team will visit with the survivor and/or family and friends at their residence. The team will provide local treatment and recovery resources to the survivor and/or family and friends, encouraging the survivor to seek treatment. If the survivor wants treatment, they will be connected with a treatment provider and transported, if needed. If the survivor is not interested in treatment at that time, a peer recovery supporter will continue to follow up with them, offering support and resources.

During FY23, the team also began expanding outreach to individuals who have recently experienced a mental health crisis, sending letters which include information regarding local services and supports.

The Huron County QRT Team includes the following organizations: Let's Get Real, Inc., Huron County Board of Mental Health and Addiction Services, Family Life Counseling & Psychiatric Services, Firelands Counseling & Recovery Services, Oriana House, Inc., Norwalk Police Department, Huron County Sheriff's Office, New London Police Department, Wakeman Police Department, Monroeville Police Department, and Plymouth Police Department.

## **Mobile Response and Stabilization Services (MRSS)**

Fiscal year 2023 was the first full year of implementation for the MRSS program, operated by Family Life Counseling & Psychiatric Services and funded by MHAS. Families with youth and young adults up to age 21 who are experiencing difficulties or distress can receive assistance within 60 minutes after contacting MRSS. MRSS is available 7 days a week, 365 days a year from 8am – 10pm and serves all families in Huron County, regardless of income or situation.

## **Behavioral Health Week of Appreciation/Dinner**

In March 2023, MHAS hosted the first annual Behavioral Health Appreciation Dinner for the staff of all of the organizations the Board contracts with. The goal of this dinner was to recognize, and show appreciation to, the staff who work tirelessly to serve our community. MHAS plans on hosting this appreciation dinner annually not only to show our gratitude but to continue strengthening partnerships and collaborative efforts between agencies the Board contracts with, which is a component that is vital to continuing the lifesaving work in our community and accomplishing the goals of the Board. A list of these organizations can be found in the FY2023 Providers and Programs section of this report.



## First Responders

Throughout the fiscal year, MHAS continued to focus on increased collaboration with local law enforcement agencies. In July, MHAS, in partnership with the Huron County Sheriff's Office and Ohio ASSIST, hosted a self-care training in Willard for local first responders. Additionally, MHAS hosted 3 Critical Incident Desensitization training courses for Huron County first responders in fiscal year 2023. Critical Incident Desensitization (CID) Protocols are interventions that can be used in the wake of a crisis, natural disaster or other critical incident to reduce distress and symptoms associated with the traumatic experience. They are not therapy; they are a form of "psychological first aid" that can be helpful in decreasing an incident's vividness and disturbance through the use of eye movements or other forms of bilateral stimulation (BLS). The training helped equip first responders with an additional tool they can use to support and assist residents of Huron County as well as to support one another after difficult situations.

---

## *Outreach & Engagement*

---

### Increased Community Engagement and Outreach

In an effort to increase awareness and reduce stigma around mental health and substance use, MHAS staff hosted and participated in a variety of community outreach efforts throughout fiscal year 2023, including:

- Firelands Forward: Employee Resource Network Wellness Fair
- Mental Health Month Grocery Store Outreach
  - Schild's IGA
  - Millers Grocery Norwalk
  - Miller's Grocery New London
  - Basset's Market
  - Save a Lot-Willard
- Norwalk High School Classmate Mental Health Check-In Event
- Huron County Fair
- Animal House Overdose Awareness Day Event in Bellevue
- Project Noelle's Overdose Awareness Day Event at Suhr Park
- Josh Hess 5K Memorial Run
- Damian Henning Suicide Prevention 5K
- Monroeville Night Under the Lights
- Drug Free Leaders at EHOVE
- Pleasant Street School Caring Community Event
- Winter Wellness Wonderland Event
- Mercy Health Wellness Event
- Why Me Presentation
- Huron County Department of Job and Family Services Wellness & Resource Fair
- Huron County Employee Wellness Fair
- Huron County Veterans Services BBQ
- Project Leadership presentation

MHAS staff continues to increase community engagement and education through the implementation of bi-monthly newsletters and press releases. MHAS distributes this information to the community through an electronic newsletter, Norwalk Ohio News, Norwalk Reflector, Willard Times-Junction, and the New London

Record. The purpose of this outreach is to increase transparency and provide information and resources regarding local behavioral health services while continuing to educate the community and reduce stigma.

## **Huron County Recovery Walk**

MHAS hosted its 2<sup>nd</sup> Annual Recovery Walk on September 24<sup>th</sup> at the New London Reservoir. This annual event is a great opportunity to come together to share local resources and instill hope in our community. Huron County has many great treatment, recovery, and prevention supports available and it's important to MHAS that the community is aware of what is available and has access to those services when needed.

The 2nd Annual Recovery Walk had 47 participants, 4 speakers sharing their stories of recovery, and 10 providers distributing local resources for support. Participants walked a path through the New London campground that was lined with signs highlighting some of our local "Recovery Supporters" (agencies and organizations who support recovery efforts throughout the county) and encouraging messages such as "Recovery Is Beautiful", "You Are Not Alone", and "You Are Important".

Participants had the opportunity before and after the walk to browse the resource tables from organizations throughout the community that partner with MHAS. These include organizations such as Oriana House, Catholic Charities, NAMI Northwest, Firelands Counseling & Recovery Services, Family Life Counseling, Huron County FCFC, Let's Get Real, Mercy Health Willard, OhioGuidestone, and the Huron County Department of Job & Family Services. In addition to the organizations who had tables at the event, MHAS had other community sponsors which included: the Huron County Commissioners, Huron County Sheriff's Office, Huron County Public Health, Fisher Titus, and Huron County Juvenile and Probate Court.

Participants walked an identified route around the New London Reservoir (estimated 1 mile) that was lined with signs highlighting what recovery means and signs that showed specific organizations that support recovery efforts in our county. After the walk was complete, lunch was provided by MHAS and those in attendance then had the opportunity to listen to four individuals share their stories of recovery.

We are incredibly grateful to New London Park and Rec for allowing us to use their beautiful campground and for everyone who attended this event to share resources, show unified support for those still struggling and to celebrate those in recovery. MHAS plans on hosting their next recovery walk in September 2023 in Willard.

## **Behavioral Health Resource Distribution**

MHAS staff distributed a variety of resources throughout the county to increase awareness of available resources and supports, utilizing local Levy funds. These resources include MHAS brochures, contracted provider information, Medication Assisted Treatment (MAT) information, Naloxone information, Crisis Text Line cards, educational handouts, and Crisis Cards that link residents with the Board website and local/state crisis services. MHAS distributed these resources through the various outlets listed below and local organizations may request resources to distribute.

- Blessing Boxes
- Norweco
- Willard Outreach
- New London Outreach
- Wakeman Outreach
- Monroeville Outreach
- Norwalk Outreach
- Greenwich Outreach
- Plymouth Outreach
- Willard Ministerial Association
- Willard Business Association
- Willard Chamber of Commerce

- Firelands Forward: Employee Wellness Fair
- St. Mary's Catholic Church
- Norwalk Food Bank
- Norwalk Clothing Bank
- Kiwanis
- Trinity Lutheran Church
- Huron County Jail
- Salvation Army
- Huron County Department of Job and Family Services
- Goodwill
- Norwalk Library
- Willard Police Department
- Plymouth Police Department
- Greenwich Police Department
- New London Police Department
- Wakeman Police Department
- Norwalk Police Department
- Monroeville Police Department
- Bellevue Police Department
- Mercy Health - Willard Hospital
- Mapleview Veterinary Hospital
- Whirlpool
- Fisher Titus Medical Center
- Monroeville United Church of Christ
- Love Bus
- Abigail Pregnancy Health Center
- Caleb's Angels Open House
- Leadership Huron County
- Berry's Global
- Various Outreach Events

## Reusable Grocery Bags

MHAS implemented a new initiative in FY23, distributing free reusable grocery bags throughout the community. The MHAS message on the bags "You are not alone. We grow stronger together" is an encouragement to residents, reminding them that no matter what they may be going through, that they are not alone. In addition, the bags have the MHAS website, [www.hcbmhas.org](http://www.hcbmhas.org), where residents can access a variety of resources and information to help them in their time of need. The goal of this initiative is to continue increasing awareness and education of the mental health, substance use, and wellness resources available in the community. The grocery bags have been distributed at the following locations:

- Love Bus
- Norwalk Food Bank
- Norwalk Clothing Bank
- Salvation Army
- United Fund
- Monroeville United Church of Christ
- Trinity Lutheran Willard
- Willard Food Bank

- Xtreme Fitness
- Monroeville Non-Food Bank
- Pleasant Street School: Caring Community Event

## **WLKR Outreach**

MHAS continued its expanded outreach to include monthly radio advertisements throughout fiscal year 2023. Radio outreach included both on air interviews and pre-written monthly ads to help promote local mental health and substance use services and supports and provide hope and encouragement to the community.

## **Courthouse Display Case**

MHAS was given the opportunity to use the display case at the Huron County Common Pleas/Juvenile and Probate Court building multiple times during the year. MHAS shared educational information and local resources for the following months:

- May: Mental Health Awareness Month
- July: Minority Mental Health Month
- August: Overdose Awareness Month
- September: Recovery Month/Suicide Prevention Awareness Month

## **MHAS Presentations**

MHAS staff increased community awareness and engagement through various presentation opportunities throughout fiscal year 2023. Presentations are beneficial way to increase education and awareness of mental health/substance use, answer resident's questions on a variety of related questions, and share information regarding available services and supports. MHAS staff hosted the following presentations in fiscal year 2023:

- Northpoint Social Worker presentation (Norwalk High School)
- Gaymont Self-Care presentation
- Kiwanis
- FTMC Therapy Department presentation
- Willard Ministerial Association
- Willard Business Association
- Willard Chamber of Commerce
- Blossom Health Care Bridge Network Regional Presentation
- EHOVE Drug Free Leaders Event
- Celebrate Recovery Presentation
- St. Paul High School Presentation
- Huron County Public Health Presentation
- Project Leadership presentation
- Huron County Library Staff Stress Management Presentation
- The Chapel
- United Fund
- WHY ME Organization
- Mercy Health-Willard Hospital Staff Presentation

## **Billboards**

MHAS partnered with Hart Advertising and Lind Advertising to continue the promotion of the Board's slogan, "You Are Not Alone. We Grow Stronger Together". By utilizing SOR (State Opioid Response) funds, MHAS was able to purchase a total of 17 billboards throughout Huron County in an effort to share hope and link residents to resources through the promotion of the Board's website.



## Trainings

In fiscal year 2023, MHAS continued the expansion of behavioral health trainings available to the community. MHAS staff were trained and certified to teach Mental Health First Aid and Trauma Informed Care trainings. In addition, MHAS staff created trainings specific to understanding mental health and substance use challenges and increasing awareness of the local resources/contracted agencies that provide support. All trainings offered by MHAS are available for free on a bi-monthly basis and by request. In FY23, MHAS provided 29 trainings to community members, businesses, and local organizations. Below are the trainings MHAS offers:

- Trauma Informed Care Trainings
- Mental Health and Substance Use 101 Trainings
- Mental Health First Aid Certification Trainings
- Wellness & Resiliency

---

## *Board Updates*

---

## SFY 2023 – 2025 Strategic Plan

The Board created and adopted a new Strategic Plan in April 2022, outlining the Board's priorities and clearly defining goals and objectives for each priority. The Board's targeted outcomes are as follows:

- 
- Increase public awareness and education related to Board funded services and behavioral health
  - Increase prevention services capacity and availability
  - Increase funding to address identified needs
  - Increase recovery supports
  - Increase and improve access to services and supports
-

- Increase Board member engagement
- Improve Board functionality
- Improve behavioral health workforce attraction and retention

A copy of the Board’s strategic plan may be found by clicking [HERE](#).

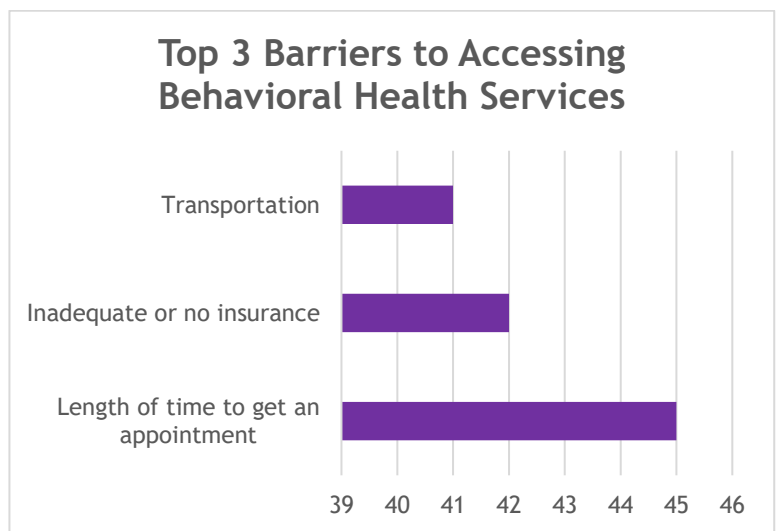
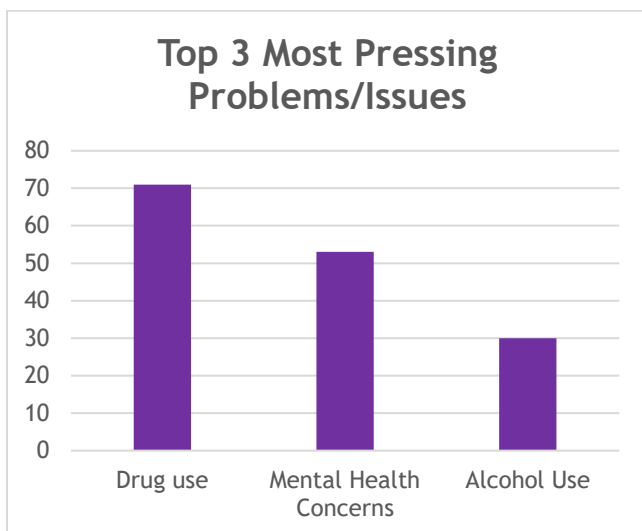
## OhioMHAS Community Plan

Every 3 years, MHAS is required to submit a community plan to OhioMHAS, detailing the Board’s priorities. The Board approved and submitted the 2023-2025 Community Plan in January 2023 which includes the following priorities:

- **Prevention:** Implement evidence-based, school-based resiliency programs in at least 4 school districts
- **Mental Health:** Targeted outreach to individuals who present with mental health related, suicidal ideation, or suicide attempt calls through the county’s 911
- **Substance Use Disorder:** Targeted outreach and education regarding alcohol use and binge drinking to the following populations: individuals with OVI charges or disorderly conduct charges, probation officers to share with those on caseload, treatment professionals and physical healthcare providers to share with clients with AUD. Offer responsible server training at least 2x/year
- **Medication Assisted Treatment (MAT):** Increase access to MAT by expanding number of providers
- **Crisis Services:** Increase access to Mobile Response and Stabilization Service by expanding hours to 24/7/365
- **Harm Reduction:** Increase access to naloxone via installation of naloxoboxes, expanding naloxone leave behind programs, and increasing number of Project Dawn sites in the county
- **Recovery Supports:** Reduce transportation barrier by distributing Huron County Transit vouchers to contracted treatment and recovery support providers to increase access to recovery oriented services and supports

## Community Needs Assessment

The Board’s annual Community Needs Assessment was released in August 2022 to gather feedback from community partners and residents on what they see as being the primary needs related to behavioral health. The results are as follows:





### Needed Mental Health Services:

Education and Prevention Services

Services for Children and Youth

Behavioral Health Crisis Services

### Needed Substance Use Services:

Residential Treatment

Harm Reduction Services

Outpatient Treatment

### Needed Crisis Services:

Crisis Call Lines - Adults

Crisis Call Lines - Youth

Inpatient psychiatric hospitalization - Adults

### Needed Prevention Services:

Prevention Education

Suicide Prevention Programs

Awareness Messaging & Activities

## FY2023 Providers and Programs

### MENTAL HEALTH TREATMENT SERVICES

**Family Life Counseling & Psychiatric Services (FLC)** offers comprehensive mental health and addiction outpatient services for adults and youth, including assessments, counseling, and case management services. School-based counseling and prevention services are also offered. Clients may be referred or self-admit. FLC accepts all payer sources. For more details, please call 567-560-3587 Norwalk, Bellevue, and Willard

**Firelands Counseling and Recovery Services** offers mental health services for all ages and comprehensive programs for substance abuse, psychiatric services, vocational rehabilitation, prevention services, educational programs and crisis intervention including the Hope Line 567-867-HOPE. Medication Assisted Treatment is available. Clients may be referred or self-admit. Firelands accepts all payer sources and offers financial assistance. For more details, please call 419-663-3737 Norwalk, 419-483-6516 Bellevue

### SUBSTANCE USE/ABUSE TREATMENT SERVICES

**Family Life Counseling & Psychiatric Services (FLC)** offers comprehensive mental health and addiction outpatient services for adults and youth, including assessments, counseling, and case management services. School-based counseling and prevention services are also offered. Clients may be referred or self-admit. FLC accepts all payer sources. For more details, please call 567-560-3587 Norwalk, Bellevue, and Willard

**Firelands Counseling and Recovery Services** offers mental health services for all ages and comprehensive programs for substance abuse, psychiatric services, vocational rehabilitation, prevention services, educational

programs and crisis intervention including the Hope Line 567-867-HOPE. Medication Assisted Treatment is available. Clients may be referred or self-admit. Firelands accepts all payer sources and offers financial assistance. For more details, please call 419-663-3737 Norwalk, 419-483-6516 Bellevue

**Oriana House** offers a comprehensive substance abuse treatment program in Huron County. Rigel Recovery Services is a substance abuse treatment program open to the public for self-referrals. Medication Assisted Treatment is available. Oriana House accepts all payer sources. For more details, please call 567-424-6412

### RECOVERY HOUSING

**House of Hope** (*Men's Recovery Housing*) offers safe and stable housing to men. Staff help residents identify issues that have contributed to their homelessness and promote recovery. Located in Willard. For more details, please call 567-560-3587

**House of Hope** (*Women's Recovery Housing*) offers safe and stable housing to women. Staff help residents identify issues that have contributed to their homelessness and promote recovery. Located in Norwalk. For more details, please call 567-560-3587

### TRANSITIONAL HOUSING

**Miriam House** offers housing that offers safe and stable housing to women and their children. Staff help residents identify issues that have contributed to their homelessness and promote recovery. Talk to your counselor or peer supporter for referrals. Located in Norwalk. For more details, please call 419-663-6341

### PEER SUPPORT AND RECOVERY SUPPORT SERVICES

**Let's Get Real** is a peer recovery organization which provides peer support services, recovery support groups, operates ALERT (Area Law Enforcement Recovery Team) in Huron County, and serves one of Huron County's Project Dawn locations, distributing Naloxone at no cost to the community. For more information, please call 567-743-7130.

### MENTORING

**Reach Our Youth** is a one-to-one mentoring program that matches volunteer mentors with at-risk youth. The program serves youth ages 6 through 18 in Huron County. For more details, please call 419-668-2525 ext. 1

### PREVENTION AND SUPPORT SERVICES

**Catholic Charities of Norwalk** offers guardianship services for severely mentally ill adults.

**Huron County Juvenile Court** operates the Family Dependency Court program which provides collaborative evaluation and integrated treatment intervention services for substance abusing parents who have lost, or are at risk of losing custody, of their children to abuse, neglect, or dependency. For more information, please call 419-668-4383

**NAMI (National Alliance on Mental Illness) Northwest** offers support groups, education and advocacy for individuals, families, and caregivers of those living with mental health issues. All NAMI support groups are free to the public. For more details please call 419-334-8021 or visit namissw.org.

**Norwalk Police Department** provides prevention programs for youth in the Norwalk area including Safety Town, DARE, and the ALIVE program.

**Huron County Sheriff's Office** provides DARE for youth throughout Huron County.

**Willard Police Department** provides DARE for youth in the Willard area.

**Services for Aging** offers the Age Exchange Program which connects elementary-aged youth with volunteer seniors. This program is a once-a-week group mentoring program where children gain social, team-building and educational assets. For more details, please call 419-668-6245

**OhioGuidestone** offers Early Childhood Mental Health Services including family-centered and classroom consultation for children under the age of 6 in Huron County. For more information, please call 440-260-6100

**CISM (Critical Incident Stress Management)** services are provided by NAMI Northwest. This is a supportive service developed to help people recover from a critical incident stress situation. Services are available 24/7 and are free to the public.

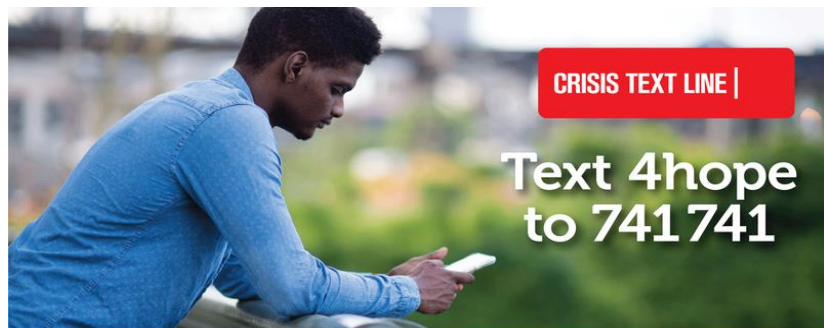
**Crisis Services:**

**Huron County Hope Line:  
567-867-HOPE**

Available from 8am – Midnight, 7 days per week,  
through Firelands Counseling and Recovery  
Services

**Mobile Response &  
Stabilization Services: 567-  
274-8816**

Available from 8am – 10pm, 7 days per week,  
through Family Life Counseling & Psychiatric  
Services

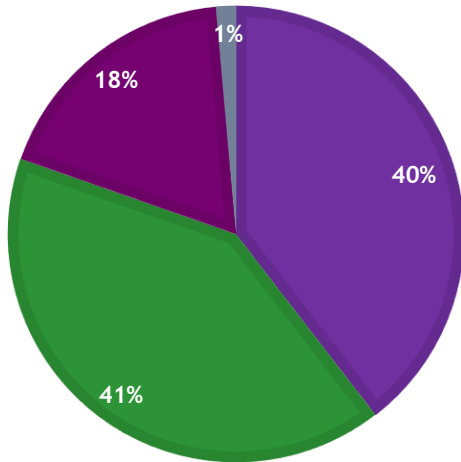


**You are not alone**

# SFY2023 Revenue and Expense Report

## Revenues

■ State Funds ■ Federal Funds ■ Local Levy ■ Other

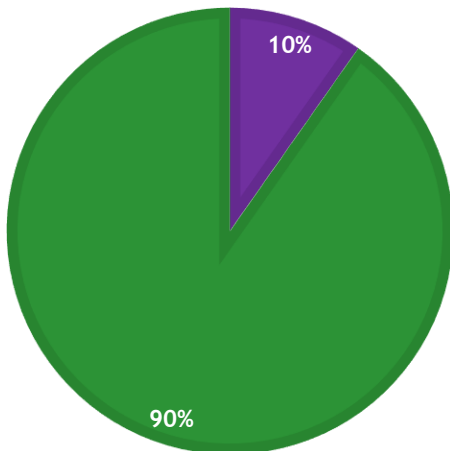


State Funds	\$1,263,433.38	39.54%
Federal Funds	\$1,304,332.72	40.82%
Local Levy	\$584,208.85	18.28%
Other	\$43,524.59	1.36%
<b>TOTAL Revenue</b>	<b>\$3,195,499.54</b>	

\*Revenue increased by \$195,570.10 in FY23.

## Expenses

■ Board Operations ■ Client Services related



Board Operations	\$299,512.27	10%
Client Services related	\$2,774,311.38	90%
<b>TOTAL Expenses</b>	<b>\$3,073,823.65</b>	

\* Board Operations expenses decreased by \$7,298.68 in FY23.

# Contact Us

2 Oak Street, Norwalk, Ohio 44857

419-681-6268

[HCBMHAS.org](http://HCBMHAS.org)

